<u>Sunday, February 7, 2016</u> Fifth Sunday in Ordinary Time

- 11:00 AM—Mass (Marguerite Hamer); Second collection to support El Salvador Mission Trip
- 12:00 PM—Coffee and Donuts following Mass

Monday, February 8

Weekday (5); Saint Jerome Emiliani, Pries; Saint Josephine Bakhita, Virgin **TUESDAY, FEBRUARY 9**

Weekday WEDNESDAY, FEBRUARY 10

ASH WEDNESDAY

- 9:00 AM—Communion Service with distribution of Ashes
- 6:30 PM—K thru 8 Faith Formation
- 6:30 PM—High school youth meeting
- 7:00 PM—Communion Service with distribution of Ashes **THURSDAY, FEBRUARY 11**

Thursday after Ash Wednesday

• 6:30 PM—Knight's Dinner and Meeting

FRIDAY, FEBRUARY 12

- Friday after Ash Wednesday
- 6:00 PM—Adoration
- 6:30 PM—Stations of the Cross



SATURDAY, FEBRUARY 13 Saturday after Ash Wednesday SUNDAY, FEBRUARY 14, 2016 FIFTH SUNDAY IN ORDINARY TIME • 9:30 AM—Altar & Rosary Meeting

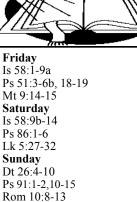
• 11:00 AM—Mass (Mike Bell)



"Master, we have worked hard all night and have caught nothing, but at your command I will lower the nets." Luke 5:5

SCRIPTURE FOR THE WEEK Monday 1 Kgs 8:1-7,9-13 Ps 132:6-7,8-10 Mk 6:53-56 Tuesday:





SOME DATES TO NOTE

Lk 4:1-13

Feb. 10-Ash Wednesday

- Feb. 11-Knight's Dinner and Meeting
- Feb. 14—Altar & Rosary Meeting
- Feb. 18—Finance Council Meeting
- Feb. 25—Liturgy Committee Meeting
- Feb. 25—Parish Council Meeting

Medical Mission Trip to El Salvador

A group will again be going down to El Salvador on a medical mission trip. Your support of them in the past has been most generous and they are grateful. The first-Sunday-of-themonth collection for February will support the mission trip. List of Non-medicine Supplies for El Salvador

- Sunglasses
- * Oral Hygiene: Toothbrushes and tooth paste
- * Toiletries: shampoo (no conditioner please), soap, combs, brushes, etc. (no lotions needed)
- * Educational supplies: Books in Spanish, paper, notebooks crayons, folders, rulers, pencils, sharpeners, glue, etc.
- Baby bundle supplies: cloth diapers, diaper pins, onesies, tshirts, receiving blankets, wash cloth/towels, caps, baby outfits, pajamas
- * Recreational items: stickers, bubbles, jump ropes, sidewalk chalk, balloons, Frisbees, soccer items
- * Suitcases: medium or large size, sturdy

We will be collecting supplies through Feb 21st. Our departure date is Feb 27th.



KNIGHTS OF COLUMBUS MEETING Thursday, February 11

Dinner at 6:30, meeting at 7:00 Sign-up sheet in the Gathering Space.

Give and it shall be given to you, good measure, pressed down, shaken together and running over... Thank you for your gifts.

Collection\$2,999.09	
(\$1,593.00 auto-giving)	
Catholic Messenger\$87.00	

When the devil had finished every temptation, he departed from him for a time. Luke 4:13

Cathedral Sunday: February 14

Sacred Heart Cathedral is the Mother Church of the Davenport Diocese. "Cathedral" comes from 'Cathedra", the Latin for "Chair". Therefore a Cathedral is where we find the Bishop's Chair, a sign of his office and a sign of unity in the diocese, the "Local Church"! Sunday, February 14 is Cathedral Sunday recognizing the importance of our diocesan home. Your support of Cathedral Sunday helps the upkeep and maintenance of this beautiful church. Thank you for your generosity. Envelopes may be found in your envelope packet or in the gathering space.

ALTAR & ROSARY SOCIETY MEETING SUNDAY, FEBRUARY 14, 9:30 AM

PARISH HALL (CHURCH BASEMENT)

Baby sitting will be available.

All women of the parish are members of the Altar & Rosary Society.

FROM THE DEACON'S DESK



Wednesday is of course Ash Wednesday and we enter the holy season of Lent. The distribution of Ashes is an old tradition in our church. However, Ash Wednesday is not a day of obligation, and Catholics are not required to attend mass. So we will have a communion service including distribution of Ashes. Rather than the traditional prayer of "Remember that you are dust and unto dust you will return" which is not a message of life or hope, we now pray "Turn from sin and be faithful to the Gospel." This is much more life giving and really what Lent is all about.

Lent is a time for us to tune out the world, spend some time in the desert listening to the still quiet voice of God and examine our relationships with God and with others. The traditional practices of Lent are fasting, almsgiving, and prayer. We fast to give us strength and clarity of mind. Even during our liturgies we fast. All during Lent, we will fast from saying Alleluia, our shout of joy at the risen Lord, we will fast from praying the Gloria, our prayer of joy and praise, and we will fast from music, keeping the music simple in keeping with the quiet and simplicity of the season. All of this fasting helps us to better appreciate these things when they return at the Triduum. When we fast from things outside liturgy, they help us better appreciate them when we can return to them. A wonderful way to fast is to follow the Rice Bowl program from CRS.

In regards to fasting and abstinence, please allow me to remind you of our Lenten discipline: Everyone fourteen years of age or older is bound to abstain from meat on Ash Wednesday (February 18) and all the Fridays of Lent. Everyone eighteen years of age and under fifty-nine years of age is bound to fast on Ash Wednesday and Good Friday (April 3). On these two days of fast and abstinence, only one full meal is allowed. Two other meatless meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal one full meal. Eating between meals is not permitted, but liquids (including milk and fruit juices) are allowed. When health or ability to work would be seriously affected, the law does not oblige. To disregard completely the law of fast and abstinence is a serious matter.

Lent is a time for us to prepare ourselves for the solemn renewal of our Baptism vows at Easter, either at the Vigil or on Easter Sunday morning. During Lent, no baptisms are celebrated. At the Vigil, new water is blessed and adults are baptized. Then all of us renew our vows. Our baptism opens us to grace and is the source of our vocations as disciples of Christ. It is right that we prepare and renew our vows once a year.

Lent is also a time to prepare for the great Paschal Mystery that we celebrate at Easter—our Lord's suffering, death, and resurrection. This is the central mystery of our faith and the source of our eternal life. The practices of Lent mentioned earlier are our way of preparing. Especially prayer. I encourage all of you to spend more time in prayer this Lenten season. We have the Little Black Books from Saginaw for Lent (same as the little blue books for Advent) available as well as The Word Among Us and Five Minutes with the Word. They are a tremendous way to pray through the Lent and Easter Season. Wishing you a blessed, quiet, prayerful, and fruitful Lent.



FAITH FORMATION NEWS

Classes will meet this week, Feb. 10, at 6:30 as usual. At 7:00 PM, the students will go upstairs for Ash Wednesday services. Be sure to join them.

Catholic Messenger is a source for the good news

The Catholic Messenger provides news and is also a forum for readers to express their thoughts about faith-related issues. It serves as an archive of Church history and milestones, accomplishments and personal stories of faith and inspiration. It is a source of evangelization and spiritual formation and strives to enrich Catholic life and faith. And it's a real value at \$29 per year for 50 issues – print or E-edition. Subscribe to The Catholic Messenger through your parish.

WHAT YOU MISSED IF YOU DIDN'T READ THE CATHOLIC MESSENGER THIS WEEK.

- \Rightarrow Diocesan Mercy in Motion conference scheduled.
- \Rightarrow Fr. Grant presentation explores shifting the yoke of suffering.
- \Rightarrow March for Life group plans ahead to avoid getting caught in snowstorm.
- \Rightarrow Fr. Greiner writes about discerning the necessity for change.
- \Rightarrow Pope Francis answers kids' questions in soon-to-be released book.
- ⇒ German, Austrian bishops urge their countries to accept refugees.
- \Rightarrow Fr. Rolheiser writes about the kiss of God on the soul.



Lenten Opportunities

Adoration: Starting on Friday, February 12, we will have a half hour of adoration beginning at 6:00 PM.

Stations of the Cross. Starting on Friday, February 12, we will pray the stations of the cross at 6:30 PM and closing

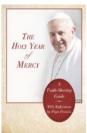
with evening prayer. (You may come for adoration, for the stations, or for both.)

Communion Service: We will have our regular communion service on Wednesday morning at 9:00.

Communal Reconciliation: Communal reconciliation service will be held on Wednesday, March 2, at 7:00 PM. (Other opportunities in the area will be listed in the bulletin in the future.)

The Word Among Us, Five Minutes with the Word, and The Little Black Book.: These daily meditation books are in the gathering space for you to take. They each offer a different daily meditation.

Rice Bowl: The rice bowls are available in the gathering space. Rice bowl is a perfect way to observe the three practices of Lent: prayer, almsgiving, and fasting.



Discussion Groups on the Holy Year of Mercy: A collection of homilies by Pope Francis on Mercy. Groups will gather on Tuesday evenings at 6:30PM, Wednesday mornings at 10:00 AM, and Wednesday evenings at 6:30 PM. These gatherings will begin on Wednesday, February 17. The books and sign-up sheets are available in the gathering space.

If you would like to read the book but

can't attend any of the small group sessions, you may read it on your own. If there is enough interest, we might try an on-line discussion group.



Pray for God's Peace and Joy

Please pray for:

- Greg Ernst, nephew of Rita Krueger
- Julia Jorensen, niece of Mary May
- Wes and Donna Koebrick (parents of Linda Barnum)

Jeannette Weldon, mother of Irma Bell

JoAnn Besler, sister of Karen Van Dusseldorp Michael John Nelson, cousin of Mike Wood,

nephew of Diane Wood James and Edward cousins of Janette Baldwin and

- Claire Gillan For our parish and our faith formation program.
- $_{\rm T}$ For all who have died and for vocations.



Down Load the CRS Rice Bowl App A NEW way to bring Lent to Life!

- Thoughtful daily reflections
- Easy to use tool to set and measure your Lenten sacrifices

• Delicious meatless recipes from around the world

Built-in feature to share your Lenten experience

Go to www.crsricebowl.org

You can also sign up for weekly emails. Check the website out.

Don't forget to pick up your rice bowl in the gathering space and use it as a source of prayer and alms giving.

SAINT OF THE WEEK Josephine Bakhita 1869–1947 Feast Day—February 8

As a child, this first Sudanese saint was kidnapped by Arab slave traders. A Muslim owner named her Bakhita, meaning "lucky"; other owners included an Arab chieftain and a Turkish general. She endured years of cruelty, even torture, before be-

ing sold to an Italian consul who planned to free her. He took her to Italy, where she worked as a nanny for another family. In 1889, she won her freedom in court. She was baptized Josephine, entered the Canossian Sisters and served her order in Italy for more than 50 years as a cook, seamstress, and doorkeeper. She was declared a saint in 2000. She is the patron saint of Sudan. Copyright © 2016, Catholic News Service-United States Conference of Catholic Bishops, Washington, DC. All rights reserved. Used with permission



THE LORD'S LAUGHTER

"The One whose throne is in heaven sits laughing." Psalm 2:4 **More Aphorism:** [a short, pointed sentence that expresses a wise or clever observation or a general truth]

There are worse things than getting a call for a wrong number at 4 a.m.—like, it could be the right number.

No one ever says "It's only a game" when their team is winning. I've reached the age where 'happy hour' is a nap.

- The trouble with bucket seats is that not everybody has the same size bucket.
- Do you realize that, in about 40 years, we'll have thousands of old ladies running around with tattoos in strange places? (And rap music will be the Golden Oldies!)
- Money can't buy happiness—but somehow it's more comfortable to cry in a Cadillac than in a Yugo.
- After 60, if you don't wake up aching in every joint, you're probably dead.
- Life isn't tied with a bow but it's still a gift.



Youth Ministry News

The high school will meet on Wednesday, February 3 at 6:30 as usual. All high school youth are welcome and urged to attend. At 7:00 PM, the youth will go over to the church for Ash Wednesday services.

A Stewardship Moment The Fifth Sunday in Ordinary Time

In the first reading from Isaiah we get a glimpse of the ultimate aim of Christian stewardship: Giving glory to God. "Holy, Holy, Holy is the Lord God of hosts! All the earth is filled with his glory!" This proclamation inspires the familiar hymn we sing at the end of the Preface of the Eucharistic Prayer; a very ancient proclamation in our liturgy. We were born to give God glory, and we proclaim it by the way we live the Eucharist and bear witness to the gospel of Jesus Christ. As we approach the purifying season of Lent let us ask ourselves: Are we committed to a life that gives glory to God?

Wounded by Abortion? Project Rachel Can Help:

Project Rachel understands the emotional pain that follows an abortion. Please call the Helpline: 563-333-4107 or 1-888-456– HOPE. Calls are answered personally and confidentially Monday, Wednesday and Friday from 9 a.m. to 3 p.m. Voice messaging is available all other times. Calls will be returned promptly and directly.

PROTECTING GOD'S CHILDREN

To report child abuse contact: Iowa Department of Human Services Child Abuse Hotline: 800-362-2178 and if it involves clergy or church personnel also notify Alicia Owens, the Victim Assistance Coordinator, 563-349-5002; vac@diodav.org or PO Box 232, Bettendorf, IA 52722-0004.